Hip Structure, Hip Strength, and How You Run

Are you an active 18-40 year old female involved in running? Researchers at the University of Kentucky are inviting you to participate in a research study investigating the relationship between hip structure, hip strength, and how you run. Study participation should last approximately 90 minutes each.

You may be able to participate if you:

- are female
- are 18-40 years old
- are participating in physical activity involving running for at least 30 minutes, 3x per week
- have no history of injury to lower limbs/back within the last 3 months
- have no history of surgery to lower limbs/back ever

For more information, please contact:

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