Do You Work Out?
Running and strength measurements before and after a workout

Are you an active 18-23 year old? Researchers at the University of Kentucky invite you to participate in a research study investigating how fatigue affects trunk activity during athletic movements like running and jumping. Participants will be required to complete 1 data collection lasting approximately 1.5-2 hours.

You may be able to participate if you:
• are 18-23 years old
• are healthy and currently active
• have no history of surgery to lower limbs
• are not pregnant or allergic to adhesives

Study participants will receive compensation.

For more information, please contact:

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