You may be eligible for this research study if you:

Are 55 years old or older

Have normal blood pressure

Do not smoke

Do not have any knee pain or knee problems

Do not have any known cardiovascular, metabolic, cognitive or neuromuscular disorders

Are not taking any medication to affect your muscles

Researchers at the University of Kentucky are interested in studying the biology of healthy muscle and how it relates to your physical function. All research procedures will take place in the UK Chandler Hospital and the College of Health Sciences.

All activity levels welcome including those not in a formal strength training program.

SUBJECTS WILL BE COMPENSATED FOR THEIR TIME

For more information, please contact:
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