



# DO YOU STRUGGLE WITH ANXIETY?

Researchers at the University of Kentucky invite you to participate in a research study on anxiety. Eligible participants will be provided Telehealth cognitive therapy at no cost. Participation will involve an intake visit (conducted via Telehealth) to complete various tasks prior to starting therapy, responding to brief text message surveys throughout the day, and completing weekly questionnaires.

## You may be eligible to participate if you:

- are 18 years or older
- experience anxiety, affecting your ability to function
- live in Kentucky

Participants will be compensated.

**Scan the QR code to take a brief prescreening survey and see if you are eligible to participate**



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**For more information:**  
TIPS Research Program  
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[www.UKclinicalresearch.com](http://www.UKclinicalresearch.com)