



# Can Dietary Supplements Improve Your Cognition?

Researchers at the University of Kentucky are conducting a study to determine the effects of dietary supplements on cognitive performance in a mild traumatic brain injury and concussion patient population. Participants will undergo pre- and post-intervention assessments prior to and following consumption of dietary supplement.

## You may be eligible if you:

- Are 18-55 years old
- Are not pregnant or nursing
- Have no pre-injury history of a psychiatric disorder
- Are not involved with active litigation resulting from your injury
- Are not currently taking opioids
- Have not been diagnosed with diabetes
- Have not been previously diagnosed with hypertension or gallbladder disease.
- Do not have any known food allergies



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