

What did we learn?

The first of two quarterly surveys were launched by the University of Kentucky in 2020 and will continue into 2021.*

Check out wellnesshealthandyou.org for an opportunity to participate! We welcome new WHY members!



COVID-19 Rate for Participants



Self

Someone Close

COVID-19 Prevention Survey

April- June 2020

1,518 responses

55% working remotely

2%

% who Felt They or Someone Close to Them Would Get COVID-19

21%

57%

COVID-19 Mini-Survey

October- December 2020

1,091 responses

57% working and 30% of children learning remotely

3%

7%

36%

*Survey respondent demographics: **COVID-19 Prevention Survey**- 95% White, 90% female, and 58% were college graduates. **COVID-19 Mini-Survey**- 96% White, 97% female, and 74% were college graduates.

How are We Reducing our Risk of COVID-19?

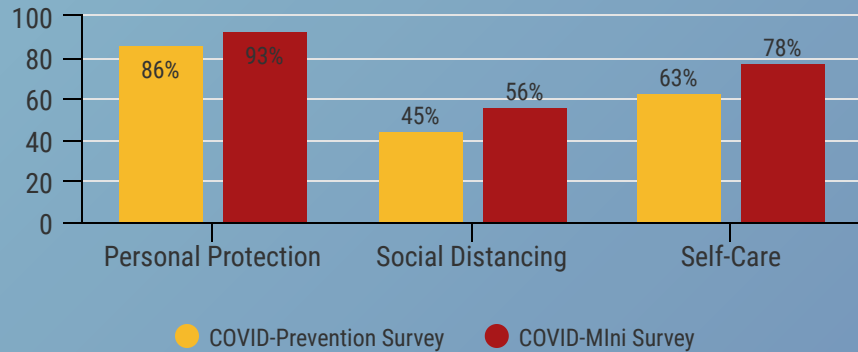
-Good news! COVID-19 Prevention Behaviors have increased across the two surveys. This pattern held true for personal protections, social distancing, and self-care behaviors.

-Those who see themselves (or others), as likely to get COVID-19 remain more likely to use both personal protection and social distance behaviors in the past week.

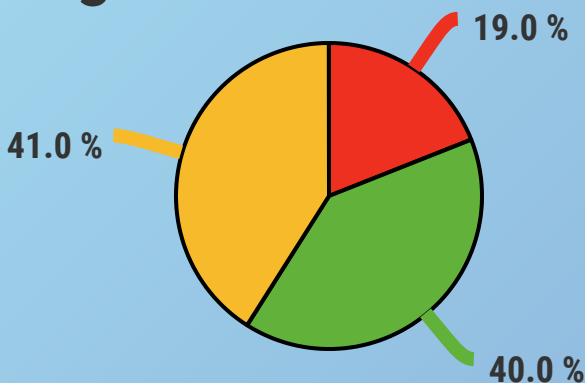
- Self-care (including: wearing a mask, keeping a safe distance, using hand sanitizer, staying home, getting enough sleep, and eating a healthy diet) is key to sanity and surviving this pandemic.



Increase in % of Reported Prevention Behaviors



Willingness to be Vaccinated



Last Fall, as COVID-19 Vaccines became available, we asked about vaccination intentions.

-Compared to the 81% considering vaccination, the 19% with no intention to be vaccinated were:

*More likely to be 35-49 years old and to have less education.

*More likely to continue to shop in-person and to visit with family and/or friends who live in other households.

-Sign up for the next COVID-19 Mini Survey [Here](#)