



## Volunteers Invited for a Study on Physical Activity and Parkinson's Disease

If you've been diagnosed with mild to moderate Parkinson's disease, researchers at the University of Kentucky invite you to participate in a study about the effects of a rhythmic exercise program, Drums Alive, on your physical performance and quality of life. The program will meet twice a week, for one hour, and will last 12 weeks. All exercise equipment will be provided by the researchers.

### You may be eligible to participate if you:

- Are 40 to 99 years of age
- Have been diagnosed with mild to moderate Parkinson's
- Do NOT have any injuries that would prevent you from participating in regular physical activity



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### For more information, contact:

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