



"Meals that Heal" Cookbook

Researchers at the University of Kentucky invite you to participate in a research study that will create a culturally relevant and low-cost Soul Food cookbook for high blood pressure. This cookbook will be marketed to a broader audience through existing community-based partnerships and networks.

You may be eligible to participate if you:

- Are 18 years old or older
- Identify as a Black or African American woman
- Receive housing assistance
- Speak English

Contact:

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Translational Science
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