## UNIVERSITY OF KENTUCKY RESEARCH



## "Meals that Heal" Cookbook

Researchers at the University of Kentucky invite you to participate in a research study that will create a culturally relevant and low-cost Soul Food cookbook for high blood pressure. This cookbook will be marketed to a broader audience through existing community-based partnerships and networks.

## You may be eligible to participate if you:

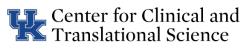
- Are 18 years old or older
- Identify as a Black or African American woman
- Receive housing assistance
- Speak English

## Contact:

MealsThatHeal@uky.edu 859-279-1898







Accelerating discoveries to improve health<sup>™</sup>





www.UKclinicalresearch.com