



Volunteers With a History of Ankle Sprains Needed!

Researchers at the University of Kentucky invite you to participate in a research study that examines the effects of gait training on short and long-term outcomes for people with chronic ankle instability. You will need to complete 12 rehabilitation sessions lasting 30-45 minutes each. You will also be asked to complete 4 data collection sessions across the 1-year period that will last about one and a half hours each.

You may be eligible to participate if you:

- are 18-45 years old
- are physically active
- have chronic ankle instability
- have NOT had any lower extremity injury or concussion in the past 12 months

You will be compensated \$200 over the course of the study!



Contact:

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