



Home-Based Injury Prevention Program for Ankle Sprains

Researchers at the University of Kentucky invite you to participate in a research study for a home-based injury prevention program, designed to prevent future ankle sprains. The program will require 3 in-person visits to the study site. The rest of the program will be completed at home.

Participants will be compensated for their time.

You may be eligible to participate if you:

- are between 18-65 years old
- have had an ankle sprain within the last year

➤ [Scan QR code to see study website.](#)



**For more information,
contact:**

Emily Gabriel, PhD
Emily.Gabriel@uky.edu
(859) 562-0790